## **RESEARCH NOTE**



## LIFELONG LEARNING OF TRACK AND FIELD COACHES. RECORDING THEIR PERCEPTIONS ON ISSUES REGARDING FURTHER EDUCATION

SARASLANIDIS PLOUTARCHOS & BARKOUKIS VASILIS

## ARISTOTLE UNIVERSITY OF THESSALONIKI, DEPARTMENT OF PHYSICAL **EDUCATION AND SPORT SCIENCES**

Lifelong learning is a worldwide necessity and, recently, several attempts have ABSTRACT been made in Greece to promote it. However, so far there are no official records of coaches' perceptions regarding further education. The basic objective of the present study was to address this issue by recording the perceptions of track and field coaches regarding further education. The sample of the study consisted of 138 track and field coaches with a mean age of 40.6 years (SD = 9.15). The coaches filled a questionnaire with issues relevant to further education. The results of the analyses indicated that there is a need for further education on strength and power training, as well as, tracing and utilizing young athletes. These findings provide useful information on the formation of further education programs for track and field coaches.

Key words: Lifelong learning, Perceptions of track and field coaches, Education programs.

Address for correspondence: Saraslanidis Ploutarchos, PhD, Aristotle University of Thessaloniki, Department of Physical Education and Sport Sciences, 54124, Thessaloniki, Tel: 2310-992207, e-mail: saraplou@phed.auth.gr





